

Dear Client

below is a size guide & order form re your Mens Running top Size

**TOP SIZING CHART**

The following instructions and chart are to be used as a guide for estimating your Singlet size.

Note: sizes are approximate and minor variations may occur.

**Step 1**

Lay a comfortable fit running Singlet on a flat surface and smooth it out.

**Step 2**

Measure the flat length (measurement A) of the Singlet by measuring the centre back neck (under the rib) to the bottom of the hem as per the diagram.

**Step 3**

Measure the flat width (measurement B) of the Singlet by measuring across the chest from about 1cm below the armhole as per diagram one side seam to the other

**Step 4**

Reference the A & B measurements to the chart below to find the most likely size match.

**If you doubt - go one size larger!**

		in cm	
		LENGTH (A)	WIDTH (B)
5XS	kids 8	56	38
4XS	kids 10	59	40
3XS	kids 12	62	43
2XS	kids 14	65	46
XS		68	48
S		70	50
M		72	53
L		74	56
XL		76	58
2XL		78	60
3XL		80	64
4XL		82	67
5XL		84	70
6XL		86	73
7XL		88	76
8XL		90	80
9XL		92	83
10XL		94	86

